

## Route through Pakistan

	Distance (KMS)	Dist/day (KMS)	Travel days	Arrival day	Arrival date	Details
Lahore	0	0	0	0	03-10	Departing on one year journey
Gujranwala	62	23	4	4	07-10	Along the hectic GT road
Gujrat	50	25	2	8	11-10	Delay of nine days to aid Earthquake Relief
Jhelum	80	27	3	22	25-10	Onto the roaring Grand Trunk (GT) Road again
Islamabad	121	30	5	27	30-10	Stop of six days. Leave on 14 -11-05
Muree	53	26	2	29	17-11	Straight through
Muzaffarabad	80	27	3	33	25-11	Two day break city. Visit READ Fndn school. Earthquake.
Balakot	40	20	2	36	30-11	One day Balakot. Earthquake area.
Mansehra	50	25	2	38	05-12	Straight through. Earthquake area
Besham	122	25	5	44	08-12	Along way one day rest.
Dasu	76	25	3	48	11-12	Along way one day rest
Chilias	124	25	5	54	17-12	Along way one day rest
Gilgit	130	27	3	59	21-12	Two days rest at Gilgit. AKES recommended school
Hunza	105	26	4	64	27-12	One day in Hunza
Sost	85	21	4	69	30-12	Christmas day at the Chinese border.
Travel days				47		
Rest days				22		
Total:				69		
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## Notes:

Approximate distances are given in part. Departure date taken at 03 October 2005.

An allowance of 2 days out of every 7 are given for rest, washing and emergencies etc...

I have tried to allow for the longest time, under the harshest conditions. It could take longer or shorter depending on circumstances. These are included in arrival day figures.

Shoeing horses every two weeks.